



Overview

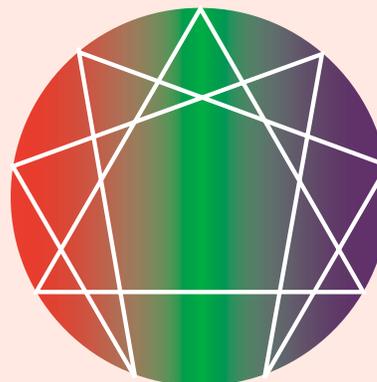
As a Type 5 woman you tend to be curious, shy, sensitive, intelligent, well read, thoughtful, and frequently become a subject matter expert in an area that captures your interest. This intense focus can lead to remarkable discoveries and innovations.

To compensate for your sensitivity, you can sometimes adopt an attitude of careless indifference or intellectual arrogance. This trait has the unfortunate consequence of creating distance between yourself and others. Trying to bridge the distance can be difficult for you since you tend to be uncomfortable with your social skills.

Few people know what is going on with you due to your need for privacy and a deep seated fear of intrusion. You fear being overwhelmed, either by the demands of others or by the strength of your own emotions. In order to deal with this, you make few demands on others in exchange for few demands being made on you. There is a tendency for you to think that life is somehow going to demand more of you than you can deliver. This causes you to retreat into your mind where you feel safe and secure.

Your greatest strengths are your clear objectivity, your instinct, and your penetrating insight that is not compromised by emotions. You have an innate ability to gather information and create systems to assess and categorize

"Let me figure that out."



The Investigator **5**

data in a clear and concise manner. Mentally astute, you are able to observe, study, and track even the smallest details, often developing expertise in many areas. Underneath your shyness and reserve, you are a kindhearted and giving person. Your personal path to transformation is when you offer freely of yourself to others without fear of incurring obligation and realize that mere information can never be a substitute for true direct knowing.

Famous Type 5s

Bill Gates, Stephen King, Georgia O'Keefe, Charles Darwin, Jane Goodall

World View

I can't fully participate in the world until I have enough information.

Focus of Attention

Digesting large amounts of information to feel secure.

Basic Fear

Of being helpless, useless, incapable, overwhelmed

Basic Desire

To be capable and competent

Strengths

- Analytical
- Pragmatic
- Subject Matter Expert
- Innovative
- Loyal
- Concentration

Areas That Prevent Personal Growth

- Disconnected From Your Feelings
- Aloof
- Stubborn
- Critical Of Others
- Condescending
- Flatness In Your Demeanor

Steps for Personal Transformation

- Embody Emotions
- Experience The Outer World
- Become More Spontaneous
- Realize You Know Enough
- Interact With People
- Practice Self Care